Autism:

Different not less

Did you know that…………………..

- 1 in 100 people have a diagnosis in the UK – 678,860

- 793 children and young people with a diagnosis of autism attend mainstream settings in Brent. 175 Girls and 618 Boys

- The ratio of boys to girls is thought to be 4 boys for every girl – On BOAT's caseload 21% are girls and 79 % are boys

 In Early Years 30% of our students aged 2-5yrs are girls

Autism was first diagnosed in…

There are eight senses that our bodies use to understand the world. For autistic students one or more of their senses may function differently

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Did you know these famous people are autistic?
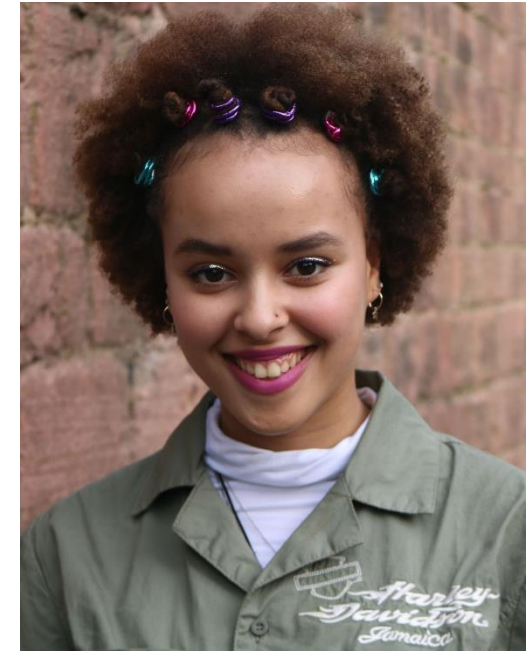
Some more famous autistic adults….

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Strengths of children and young people with autism

- Attention to detail
- Sometimes skilled in a particular area
- May study areas of interest resulting in encyclopaedic knowledge on that subject
- Tendency to be logical (helpful in decision making where emotions may interfere)
- Less concern for what others may think of them (can be a strength and a challenge).
- Independent thinking can result in novel "big picture" insights due to different ways of looking at things, ideas, and concepts.
- Direct communication, honest

Different not less Top Tips……………

- Make life predictable. Use visual timetable or schedules these help to reduce uncertainty and anxiety by knowing what will happen next.

- Be as consistent as possible! Have consistent rules and routines so that your child or young person knows what is expected of them.

- Prepare them for changes, this might be small changes e.g. change sin their routine or bigger changes such as moving house or changing schools.

- Teach them to be independent, e.g. dressing independently, make their own bed, set the table or help to clear away their things after meals.

- Filter what you say in front of your child, they may appear not be listening to your conversation, they are!

Remember the 3 c's: - be clear with your requests, be concise with your language and be consistent with your responses.

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