



BPCF hosts parents' workshops in partnership with Health, Education and Social Care- dates for your dairies!



May – July 2023

Dear Parent Carer

We are pleased to let you know about several workshops we are hosting in partnership with Health, Social Care and Education.

Following on from the success of previous workshops and requests from parents to host new workshops in a number of different areas for the next year.

We add to this rolling calendar of workshops regularly .

If you have any questions about any of the workshops, please email Meetal at admin@brentpcf.org or call me on 07852101492 Carol Parent Participation Worker BPCF



What is Person Centred Planning - Postponed new dates coming?

If your interested and what to be kept informed of the new dates email admin@brentpcf.org

Wednesday 3rd May 2023 at 7-8.15pm evening online

<https://www.eventbrite.co.uk/e/bpcf-parents-workshop-send-what-is-person-centred-planning-tickets-619099903477>

Thursday 4th May 2023 at 10-11.30am day time on line

<https://www.eventbrite.co.uk/e/bpcf-parents-workshop-send-what-is-person-centred-planning-tickets-541221246317>

Person centred planning aims to put children and young people at the centre of planning and decisions that affect them.

Come along and find out what is person centred planning and what we have asked schools to do as part of the Annual Review process of an EHC Plan.

We have with the support of the BPCF produced new paperwork for the Annual Review process focused on the child/young person being the centre of it

What is Person centred planning ?

Person centred planning aims to put children and young people at the centre of planning and decisions that affect them. When children are meaningfully involved, this can change their attitude, behaviour and learning and make them active partners who work with adults to bring about change.

An effective model of person-centred planning aims to:

Put children and young people at the centre of planning and decisions that affect them.

Bring people together – both to celebrate successes, and also to address difficulties with honesty and care.

Help children and young people learn how to express their views, how to choose and how to listen.

Show children and young people that they are listened to, respected, and valued and cared for – that they belong.

Help adults get to know the children and young people they work with, and give insight into the impact they are having on children and young people.

Make plans that build towards meaningful outcomes for children and young people and their families.



Preparing for Annual reviews.

Wednesday 10th May 2023 at 7-830pm evening -online

<https://www.eventbrite.co.uk/e/bpcf-parents-workshop-preparing-for-annual-reviews-tickets-541252078537>

Thursday 11th May 2023 at 1-2.30pm – day time -on line

<https://www.eventbrite.co.uk/e/bpcf-parents-workshop-preparing-for-annual-reviews-tickets-541260283077>

join us to learn more about how to prepare for your son's or daughter's annual review

What is an Annual Review of an Education, Health and Social Care (EHC) plan?

When a child or young person has an Education, Health and Care plan (EHC plan) there is an ongoing requirement for the EHC plan to be reviewed by the local authority at least annually. This is referred to as the Annual Review. In Early Years an EHC plan should be reviewed every 3 to 6 months (CoP 9.178).

The Annual Review is more than just a review meeting, it is a process that must be completed on or before the anniversary of when the EHC plan was first issued or the anniversary of the last review. An Annual Review must be undertaken in partnership with the child and their parent or the young person, and must take account of their views, wishes and feelings, including their right to request a Personal Budget.



Young person's transition annual review.

Wednesday 17th May 2023 1-2.30pm day time online

<https://www.eventbrite.co.uk/e/bpcf-parents-workshop-young-persons-transition-annual-review-tickets-541230102807>

Thursday 18th May 2023 at 7-830pm -evening online

<https://www.eventbrite.co.uk/e/bpcf-parents-workshop-young-persons-transition-annual-review-tickets-541246000357>

Join us to learn more about the purpose and importance of your Son/Daughter's Annual Review at year 9 – transition.

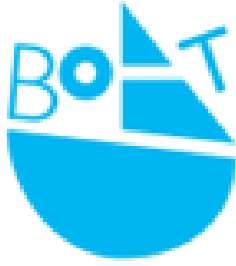
Transition review

The LA must conduct a 'transition review' when the child or young person is transferring from one stage of education to another. This is to ensure the EHCP accurately describes the child or young person's needs and provides the support they will require in their next placement. It also gives the child or young person and their parents an opportunity to raise any concerns they may have.

The process and timescales for EHCP reviews are outlined in the SEND Regulations 2014. Taking these into account, the review meeting should be early in the autumn term - ideally no later than October. Parents must be given at least two weeks' notice of the meeting date.

The person arranging the meeting must request advice and information about the pupil from parents, the school, the local authority, and healthcare and social services professionals (if appropriate). For the transfer review, it's also a good idea to have updated assessments from therapists or specialist teachers working with the pupil.

Join us and hear more about the importance of this review and have an opportunity to have any questions answered.



Starting School for parents of ASD children workshop and Practical tips – BOAT

Thursday 25th May 2023 10-12pm – day time online.

<https://www.eventbrite.co.uk/e/starting-school-for-asd-parents-workshop-practical-tips-boat-tickets-546555481157>

New Beginnings.....Supporting the move to big school for parents of early years children with ASD day time Workshop for Parents

Have you been thinking about your son/ daughter starting big school! Starting school is an exciting time for young children and their parents. It can be a daunting time, too, especially when you son/ daughter is ASD

But with preparation and encouragement, most children will settle in easily at school.

Join us to hear how your son/ daughter with SEND will be supported to transition from home to nursery.

Find out about ways you can prepare your son and daughter with ASD for their first day at school

Meet with Clare from BOAT

Learn some useful practical tips to take away and ask those questions that have been playing on your mind

June 2023



**New Beginnings- supporting the move to big school for parents – Early Years
Wednesday 7th June 10-11.30am day time- online**

<https://www.eventbrite.co.uk/e/new-beginningssupporting-the-move-to-big-school-for-parents-of-early-years-tickets-551007788127>

Have you been thinking about your son/ daughter starting big school!

Starting school is an exciting time for young children and their parents. It can be a daunting time, too, especially when you son/ daughter has special educational needs and disabilities (SEND) ,with preparation and encouragement, most children will settle in easily at school.

Join us to hear how your son/ daughter with SEND will be supported to transition from home to nursery. Find out about ways you can prepare your son and daughter for their first day at school

Ask those questions that have been playing on your mind and meet the Early Years inclusion team and hear about ways to support your son/daughter and ask any questions you may have



Starting Secondary School



Moving to secondary school year 6-7 for parents ASD - BOAT

Thursday 8th June 10-12pm – day time -online

<https://www.eventbrite.co.uk/e/moving-to-secondary-school-year-6-7-for-parents-asd-boat-tickets-551440592657>

Are you a parent of a son/daughter with SEND age 9 years on wards (year 6-7)

Preparing for the transition can be a time of renewed anxiety about finding the right school that will meet your autistic young person's needs.

Join us to hear about the process and have space to ask questions.

Transitioning from primary to secondary school is a particularly significant change for children. Learning about change and how to cope with it, will help children with this particular transition as well as prepare them for many other changes and challenges they will face in life. Helping children build resilience and allowing them to have a chance to try out different coping skills and methods and find the ones that work for them is a really good starting point.



Friday 9th June 2023 10-11am online tbc

Tuesday 13th June 2023 7-8pm on line tbc

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

What is a SEND Local Area Partnership inspection ?

Join this session to understand more about this process and why yours and you son/daughters' feedback is essential.

Ofsted checks the quality of education services in England, like schools and nurseries. We also look at children's social care.

Ofsted also works with the Care Quality Commission (CQC). CQC checks the quality of health and social care services in England, like hospitals and care homes. Together we look at services in local areas that support children and young people with SEND.

This is called an area SEND inspection.

The Role of Social Care – Integrated Children and Young People's Social work service 0-25

Wednesday 28th June 10-11.30am online

Thursday 29th June 7-8.30pm online



How to support Children and Young People with Speech, Language and Communication needs.

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

Wednesday 14th June 2023 – 10-11.30am online

Thursday 15th June 2023 – 7-8.30pm online



Supporting Secondary aged Young People with Speech, Language and Communication needs.

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

Tuesday 20th June 2023 10-11.30am online

Wednesday 21st June 2023 7-8.30pm online

July 2023



Preparing for Adulthood part 1 – Understanding how to support your young person with

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

their changing emotions and puberty.

Tuesday 4th July 2023 10-12noon online

Wednesday 5th July 2023 7-830pm online

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

Puberty is a normal and healthy part of growing up, it's a sign that your child or teen is moving both physically and emotionally towards adulthood. Puberty can start as early as age 8 or 9 for many children, or it could arrive later around the age of 14.

join us to hear more about ways and resources you can use to support talks through some of the changes that happen to young people as they go through puberty. Ask questions and get support and tips around managing the emotions.



The Role of the SENCO – Special Educational Needs Coordinator

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

Wednesday 12th July 10-11.30am online

Thursday 13th July 7-830pm online

Join us to find out more about the role and responsibilities of the SENCO

The SENCO has a **critical role** to play in ensuring that children with special educational needs and disabilities within a school receive the support they need.

Gradually over the years the status and import of the **role has developed** with successive guidance validating and substantiating the role.

In the most recent Code of Practice, the SENCO must be a qualified teacher (why ever were they not!) and a newly appointed SENCO must achieve a National award in Special Educational Needs Coordination within three years of appointment.

The SENCO has ‘an important role to play with the headteacher and governing body in determining the strategic development of SEN policy and provision and will be most effective if they are part of the school leadership team’.

More new workshops to come

Details coming soon to be kept up to date join BPCF [Become a member – BRENT PARENT CARERS CIC \(brentpcf.org\)](#) or email admin@brentpcf.org

If you have any questions please email admin@brentpcf.org

- Understanding Mental Capacity, lasting power of attorney and appointeeship
- Cost of living – where to go for support and advice.
- Early Intervention – understanding the Thrive model.
- Sleep hygiene
- Introduction to Brent Family wellbeing centres and Brent hubs
- The role of health therapists
- Toilet training
- Preparing for adulthood part 2

- The role of Brents inclusion service
- Understanding Disability benefits
- Dental Hygiene and healthy eating



Company No: 12218043

**BPCF monthly forum meeting dates May 2023 to March 2024
List of Forum dates and times for your Diaries (more details to follow)**

Tuesday 16th May 10-12.30pm -in person

Wednesday 24th or Thursday 25th May -7.8.15pm – online

Thursday 22nd June 10-12.30pm -in person

Wednesday 28th June 7-8.30pm -on line

Thursday 11th July 10-12.30pm in person

Wednesday 10th July 7-8.30pmonline

Thursday 21st September 10-12.30pm in person

Wednesday 27th September 7-8.30pm on line

Thursday 19th October 10-12.30pm -in person

Wednesday 18th October 7-8.30pm -on line

Thursday 23rd November 10-12.30pm -in person

Wednesday 29th November 7-8.30pm -online

Thursday 14th December 10-12.30pm -in person

Wednesday 13th December 7-8.30pm -online

Thursday 25th January 10-12.30pm – in person

Thursday 1st February 7-8.30pm -on line

Thursday 22nd February 10-12.30pm in person

Wednesday 28th February 7-8.30pm – online

Thursday 21st March 10-12.30pm-in person

Wednesday 20th March 7-8.30pm -on line

All in person forum meetings will be at

Chalkhill Community Centre

In the Allen Suite

The Welford Centre

113 Chalkhill Road

Wembley Park

HA9 9FX

All evening meetings will be online

Mobile 07305 145 167 or 07852101492


e-mail: admin@brentpcf.org

www.brentpcf.org

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BPCF CIC

Company No: 12218043

Join us on

**Tuesday 16th May 2023 from 10am – 12pm at Chalkhill Community Centre
In the Allen Suite**

Come and meet with senior managers, feedback and hear what is happening in Brent

Nigel Chapman – Corporate Director, Children and Young People Brent Council

Sharon Buckby -Head of Inclusion and Virtual School Children and Young People Department

Norma Johnson Designated Clinical Officer SEND NWL CCG Brent & Harrow

Kim Lewis Head of Clinical Services - Brent Children Outer Northwest London Division CLCH

if you have any specific questions, please let us know and we can ensure they reach the right person -Please email to admin@brentpcf.org by Wednesday 10th May 2023

<https://www.eventbrite.co.uk/e/brent-parent-carer-forum-meeting-tickets-616442294497>

There will be a repeat evening session online on Thursday 25th May 2023 7-8.30pm.

[https:// www.eventbrite.co.uk/e/brent-parent-carer-forum-meeting-evening-meeting-online-tickets-618581673437](https://www.eventbrite.co.uk/e/brent-parent-carer-forum-meeting-evening-meeting-online-tickets-618581673437)

Venue for day time meeting

Chalkhill Community Centre

The Welford Centre,

113 Chalkhill Road

Wembley Park

HA9 9FX

Please let us know about any issues you have been having during these difficult times be it in education, social, health and we can try and help and get answers for you.


Your involvement, views and voice are important.


Mobile 07305 145 167 or 07852101492


e-mail: admin@brentpcf.org

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SEND Parent Carer 'coffee and chat' monthly meetings.



**We invite you to join us monthly
On
Mondays**

Next date Monday 15th May 2023

5th June & 3rd July

10-11.30am

Willow Family Wellbeing Centre SEND

Barnhill Road

Wembley

HA9 9DF

Join us and meet with other likeminded parents in a relaxed setting to hear about SEND services in Brent =.

Nearest Tube Station Wembley Park

This is your group, so join us to tell us what topics you would like to receive more information

Dates: **6th feb 23, 6th March 23, 17th April 23, 15th May 23, 5th June 23 and 3rd July 2023**
please email admin@brentpcf.org if you have any questions. We are really looking forward to seeing you Or call 07852101492.

Brent Parent Carer Forum CIC in partnership with Willow SEND Family Well Being Centre



Company No: 12218043

Your involvement, views and voice are important.

Dear Parent Carer

We are always looking at ways to reach out to parent Carers to have a better understanding of their actual lived experiences – which isn't just about education and allows us to let Cllrs and professionals making decisions to have a better understanding of your lived experience as a whole family.

We are looking for up to 8 parent carers /families who would be willing to capture their lived experiences in a week using video diaries / photos /questionnaires etc.

We will put together your week in words / pictures and videos to show and use as discussion points at a celebration event where we will invite key Cllrs and senior managers to hear your real-life stories.

We will support you by asking you to attend a briefing session prior to the capture week followed by a session with you to share ending in an event to celebrate parent carers.

All parents who will be part of this week will receive food vouchers to thank them for their time and input

If you are interested, please click on the link below and complete the form which will also provide more information about this activity.

Closing date Friday 12th May 2023

Briefing session Tuesday 9th May 7pm-8pm on line

Capturing lived experiences week Monday 5th June – Sunday 11th June (Carers Week)

Celebration and feedback session- w/c 3rd July details to be confirmed.


<https://www.eventbrite.co.uk/e/bpcpf-lived-experience-week-tickets-616564700617>

Mobile 07305 145 167 or 07852101492


e-mail: admin@brentpcf.org

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BPCF CIC

Company No: 12218043

Your involvement, views and voice are important.

Dear Parent/Carer

We are really keen to develop more ways for parents to be involved in BPCF and for parents to be better signposted, informed and supported to navigate the journey we have to make as parents of a child or young person with SEND.

We are keen to support schools to better equip parents as they work their way through the world of SEND. As a Parent Carer Forum, we aim to

1. Ensure that we have effective mechanisms to reach families that represent the diverse social and economic and lived experiences of families in Brent.
1. Work closely with all known groups and schools to ensure that those parents/carers who are seldom heard/harder to reach are given the opportunity to have a voice.
2. Ensure that equal regard is given to seeking the views of parents/carers whose children may be accessing mainstream and special school/ settings being supported on SEN support or with EHCP.

<https://contact.org.uk/help-for-families/parent-carer-participation>

[BRENT PARENT CARERS CIC \(brentpcf.org\)](https://brentpcf.org)

As a strategic group we want to use parents direct experience of receiving services and living with SEND, so that Parent Carer Forums can help set the agenda and highlight where local services, processes, and commissioners are working well, or challenge when changes or improvements need to be made.

Parent Carer Forums work in a solution-focused way with their local partners to find the best possible outcomes and solutions for local families, with the resources that are available – and if those resources are inadequate, they are perfectly within their rights to challenge this.

We are looking for parents/carers who would be willing to volunteer a few hours a week and meet with other parents telling them about services for children and young people with SEND through a range of different avenues

- . In areas such as:
 - Brent Carer Parent Forum—official strategic voice in Brent
 - Brent 's Local Offer
 - Access to short breaks
 - Education and social care
 - Health services and key messages
 - Childcare and parenting support

What are the benefits for SEND parent champions?

- **Opportunity to meet with other parents/carers**
- **Training to assist you to move toward developing your confidence and skills**
- **Experience that will support you toward new goals and employment**
- **You will become better informed and equipped in your own role as parents**
- **You will receive regular support and supervision.**


If you are interested in knowing more about becoming a parent champion– Please call Carol on 07852101492 or email us on admin@brentpcf.org


Mobile 07305 145 167 or 07852101492


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Dear Parent Carer

A key role of Brent Parent Carer Forum CIC (BPCF) is to work in partnership with commissioners and service providers to represent the views of parents and carers in order to influence services and get the best provision for children and young people aged 0-25 with SEND in Brent.

Following the national SEND reforms in 2014 BPCF, Brent Council and Brent NHS North West London Clinical Commissioning Group (CCG) are keen to continue to understand the needs of families living in Brent and their experiences of using services.

Following the first round of SEND Ofsted and CQC inspections we are awaiting the 2nd round of revised inspection framework.

What is the new Send Ofsted framework?

Joint inspections of local area special educational needs or disabilities (or both) provision - GOV.UK (www.gov.uk)

The new SEND Ofsted and CQC framework and handbook come into use from 2023 and will be used to inform judgements on the efficacy of local areas' arrangements for children and young people with SEND. The new framework aims to strengthen accountability by: Introducing an ongoing cycle of inspections with three inspection outcomes.

We would like to know about your 'lived experiences' of accessing and using SEND services. we are asking you to feedback on **2022 to date.**

Please help us do this by completing our survey **by Friday 2nd June 2023.**

Your responses will be fed back to the Local Authority and Brent NHS North West London Clinical Commissioning Group (CCG) to enable them to make informed decisions that will make improvements and deliver more efficient and effective services to you as a parent, carer or family member looking after a child or young person with SEND.

This survey builds on the valuable information and feedback you have already provided over the past 4 years.

We really want to know more about your experiences to ensure together we are making a difference.

What has improved or where are there still gaps?

If you would like help completing this survey please email admin@brentpcf.org or call Carol Foyle 07852101492

We will produce a report to feedback the findings of this survey.

Thank you for your help.

Please click on this link to complete to complete our survey

<https://www.surveymonkey.co.uk/r/BPCF2023>

Best Wishes

Carol Foyle

On behalf of Brent Parent Carer Forum

admin@brentpcf.org

any queries call 07852101492