



BPCF hosts parents' workshops in partnership with Health, Education and Social Care Jan 2023 – more workshops to follow

Dear Parent Carer we are pleased to let you know about a number of workshops we are hosting in partnership with Health, Social Care and Education.

Please click on the links , register and we will send you joining details nearer the time

If you have any questions about any of the workshops, please email Meetal at admin@brentpcf.org or call me on 07852101492 Carol Parent Participation Worker BPCF

[Parents workshop - bullying – what are the signs to look out for?](#)

Thursday 19th January 7-8.30pm on line

Please register to allow us to send you the slides and other useful information ;

<https://www.eventbrite.co.uk/e/parents-workshop-bullying-what-are-the-signs-to-look-out-for-tickets-445245109107>

Topic: BPCF parents workshop - Bullying

Time: Jan 19, 2023 19:00 London

Join Zoom Meeting

<https://us06web.zoom.us/j/3905806354>

Meeting ID: 390 580 6354

One tap mobile

Are you wondered about bullying? Join us to find what signs to look for and how to support your son/daughter. Join Ghada Karkotl Lead Nurse & Clinical Team Lead – Brent CAMHS LD Pathway who will provide you with tips how to support your son/daughter.

Bullying is any form of unacceptable treatment, or discrimination or behaviour intended to hurt or harm the reputation of another.

There are many reasons why children bully other children. They may be struggling with personal problems at home. This behaviour may be the only way they know how to deal with a difficult situation in their personal life, such as parents divorcing, death of a

relative, abuse or humiliation of some sort in their life. This does not mean that bullying behaviour is OK. Sometimes, a bully will pick on someone because they are jealous or because they think that they will be seen as bigger and tougher' and it boosts their sad ego. For the bully, behaving in this manner is seen as a way to win friends, but this is a myth. All forms of bullying and anti-social behaviour is unacceptable.

any queries email admin@brentpcf.org

<https://brentpcf.org/>