

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|--|--|
| <p>MORNING</p> <p>Family Wellbeing Centre</p> <p>Registration link: www.brent.gov.uk/familywellbeingcentres</p> | <p>BANK HOLIDAY 27th May 2024</p> <p>Healthy Start</p> <p>All pregnant women and children under 4 in Brent can get free vitamins from your Local Family Wellbeing Centre</p> | <p>9.00-16.00pm HEALTH VISITING Appointment only</p> <p>9.30-15.00pm CITIZENS ADVICE BRENT (CAB) 020 8937 3890 CAB offer good quality independent Advice on issues such as benefits housing Welfare rights. Appointment only</p> <p>10:00 – 11:00am BUSY FEET 18 months – 4 years CONTACT CENTRE TO BOOK</p> | <p>9.00-16.00pm MIDWIFERY SERVICES Appointment only</p> <p>9:00 -12:00pm BREAST FEEDING CLINIC 0208 937 3890 Appointment or Drop In</p> <p>STORY AND RHYME TIME 10:00 – 11:00am 0-5 years CONTACT CENTRE TO BOOK</p> | <p>9.00-16.00pm HEALTH VISITING Appointment only</p> <p>10:00 – 15:00pm EMPLOYMENT SUPPORT 0208 937 3890 Fortnightly Appointment only</p> <p>REGISTRATION SUPPORT 10:00 -11:00am No appointment necessary 0208 937 3890</p> | <p>9.00-16.00pm MIDWIFERY SERVICES Appointment only</p> <p>9:00-16:00pm SMALL TALK Speech and Language Appointment only</p> <p>SOW & GROW WITH JAMUNA 10:00 – 11:00am 2-5 years CONTACT CENTRE TO BOOK</p> | <p>Free Early Education Children may be entitled for up to 15 or 30 hours FREE childcare. Contact Brent Council for more information. Search 'free early education' on their website Brent.gov.uk.</p> |
| <p>AFTERNOON</p> <p>INFANTFEEDINGSUPPORTBRENT</p> <p>clcht.brent.infantfeedingsupport@nhs.net Health Visiting Duty Spa 0208 102 4900</p> <p>Church Lane Family Wellbeing Centre Frynt Primary School, Church Lane, Kingsbury NW9 8JD 020 8937 3890 Churchlane.fwc@brent.gov.uk</p> | <p>BANK HOLIDAY 27th May 2024</p> <p>Barnardo's and Brent Out of Hours Family Support Helpline</p> <p>How can I access the service?</p> <p>The service will be available by scanning the QR code.</p> <p>Or by telephone on 0800 158 2358. You can also schedule a video call by contacting: brentfamilysupport@barnardos.org.uk</p> <p>Opening Hours Saturday and Sunday: 10am – 5pm Monday, Wednesday, Friday: 6pm – 10pm</p> | <p>13:00 -15:00pm ARTS AND CRAFTS 4 -11 Years 28/05/24 Come and enjoy creating mini-beasts artwork. CONTACT CENTRE TO BOOK</p> | <p>14:00 -16:00pm MIXED MARTIAL ARTS ARTS 10 - 18 Years 29/05/24 CONTACT CENTRE TO BOOK</p> | <p>15:00 -16:00pm REGISTRATION SUPPORT Come and get help to register at the FWC No appointment necessary</p> | <p>13:00 -15:00pm GAMES ZONE 11 - 18 Years 31/05/24 CONTACT CENTRE TO BOOK</p> | <p>Help with childcare costs Check what help you could get with approved childcare costs using the government's online calculator. This could include free childcare or help with costs. www.gov.uk/childcare-calculator</p> |