



The Wembley Schools Federation  
Lyon Park Primary School  
Vincent Road, Wembley, Middlesex, HA0 4HH

Executive Headteacher: Mr R Fenton  
Headteacher: Ms T Bhambra  
Chair of Governors: Mrs I Yarde

Friday 2nd February 2024

Dear Parents and Carers,

Next week the Reception classes will be discussing the NSPCC's Talk PANTS rules. During the discussion we will aim to teach the children the following important safety skills without explicit information or telling scary stories. These are the PANTS rules:

- P: Privates are private.
- A: Always remember your body belongs to you.
- N: No means no.
- T: Talk about secrets that upset you.
- S: Speak up, someone can help.

The lesson aims to empower children in an age-appropriate way, to recognise their rights to their own bodies, say no to touch that is unwanted and tell someone if they feel uncomfortable. The children will be shown this video [https://youtu.be/\\_SzbMEVYiyg](https://youtu.be/_SzbMEVYiyg)

If you would like to know more about the NSPCC's campaign information can be found at [Let's talk PANTS | NSPCC](#)

Please do not hesitate to contact me if you would like to discuss this further.

જો તમને ગુજરાતી ભાષાંતર જોઈતું હોય તો નીચેની લિંક પર ક્લિક કરો  
[Reception-PANTS-Gujarati-Translation.pdf \(lyonparkprimaryschool.co.uk\)](#)

Yours sincerely,  
Ms L Gallagher  
Assistant Headteacher